

Weekly Schedule - Anderson Township Senior Center Hours: 9 a.m. to 2 p.m.

	Monday	Tuesday	Wednesday	Thursday	Friday
9:30 a.m.	Silver Sneakers Cardio Oil Painting	Silver Sneakers Strength and Balance	Woodcarvers Blood Pressure Check	Silver Sneakers Yoga Watercolors	Silver Sneakers Cardio
10:00 a.m.	Bridge		Euchre Tone Chimes	Bridge	
10:30 a.m.					Tai Chi*
11:00 a.m.		Better Balance, Safer You* Tech Table		Better Balance, Safer You*	
11:30 p.m.	Lunch	Lunch	Lunch	Lunch	Lunch
12:00 p.m.		Quilters Mahjong			
12:15 p.m.	Line Dancing*		Creative Writing Every other week		
12:30 p.m.		Choir – Sing Along		Creative Circle	Garden Club – 3 rd Friday

*\$4 Fee Charged